

# Year in Review

# July 2023-June 2024



QLife provided peer support to people of all ages, from every state and territory.





### **BUSIEST DAY**

On Monday O4 March 2024, we responded to



**101** contacts!

## From our post-contact survey...



said they felt better after their session (a further 18% said they felt the same)



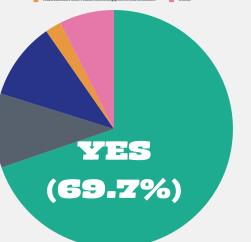
said it was important that QLife was specifically delivered by LGBTIQ+ peers

#### Would they contact us again?

Not sure (10.1%)

No, because the conversation was not helpful (10.6%)

No, because I don't need more support at the moment (2.2%)



Other (7.5%)

www.qlife.org.au